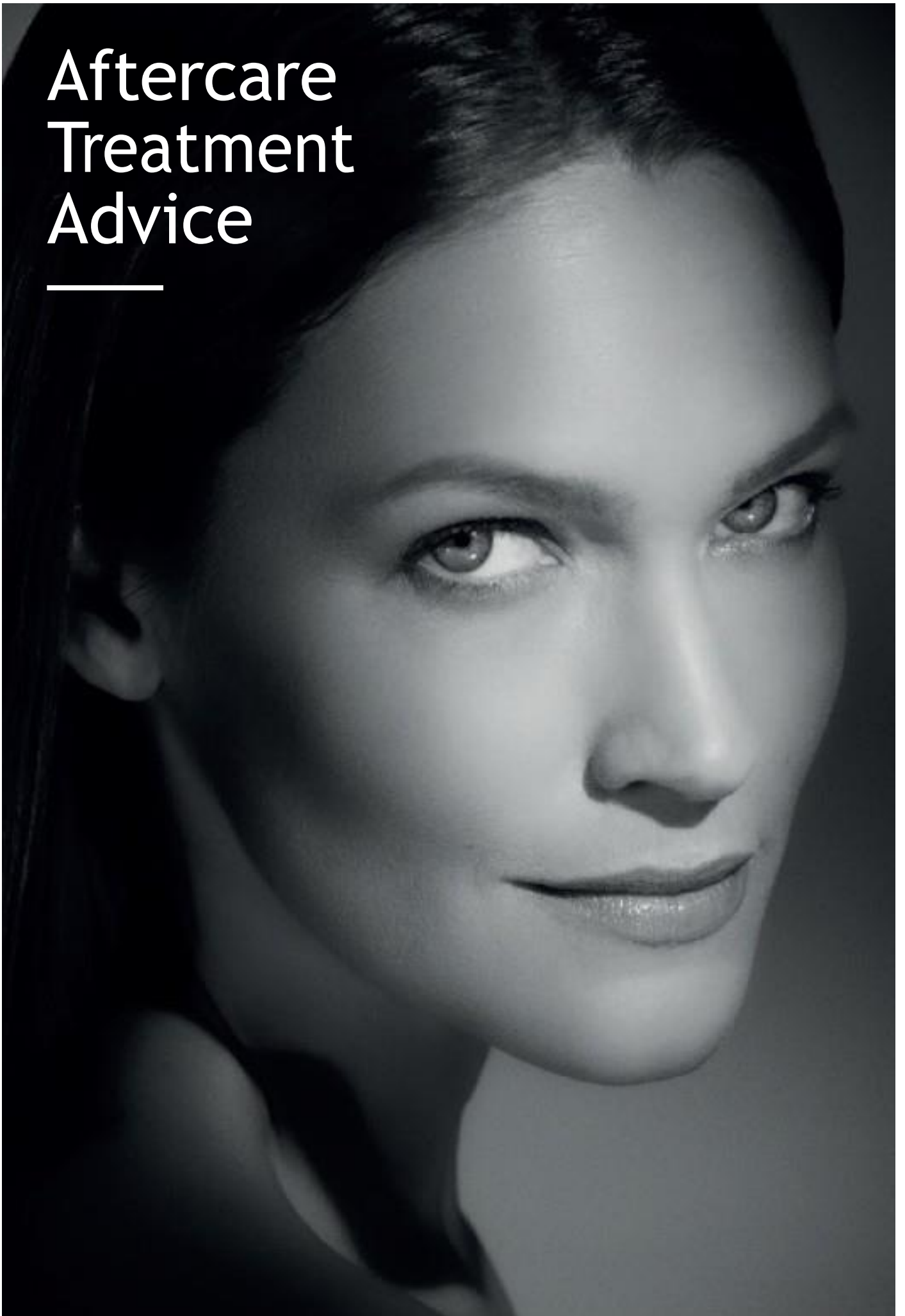


Aftercare Treatment Advice



Aftercare Treatment Advice from your skin expert

SKIN EXPERTS NAME:

CONTACT NUMBER:

DATE OF TREATMENT:

DATE OF NEXT APPOINTMENT:

Following your treatment in clinic today, there are some important steps to follow to ensure you get the best final results.

If you have any concerns once you leave the clinic, please do not hesitate to contact your Skin Expert.

Mesotherapy, Nano Soft, Micro Needling & Chemical Peels

In some cases there may be some redness, papules (small intentional bumps in the skin) pin prick marks and possibly scratches following treatment. These can be seen up to 48 hours following treatment. A 'tight' feeling is very normal.

Immediate application of make-up should be avoided if possible, or mineral only.

Avoid touching your face as much as possible.

Avoid for at least 24 hours

Exercise, extreme temperatures including bath/shower, sun/sunbeds, swimming in chlorinated water.

Drink plenty of water.

Ensure SPF of at least 50 is worn on exposed areas daily. Avoid abrasive skin treatments for 5 days following treatment.

Ensure you moisturise and use recommended serums following your treatment to nourish and heal the skin. A hydrating sheet mask may be applied to reduce redness and heat.

Ensure you return and complete the protocol of treatments suggested by your Skin Expert to fulfil your skin goals!