

## **AFTERCARE POST MESOTHERAPY**

- We suggest leaving cleansing your skin for 8/12 hours post treatment.
- Use a mild cleanser containing no AHA'S.
- Avoid sun, steam rooms, saunas or any heat treatment for 48 hours,
- Please wear a good quality SPF at all times.
- You can wear make-up the following day.
- Avoid products containing retinol/AHA'S for 48 hours.