

## DERMAPLANING AFTERCARE INSTRUCTIONS

- There is no downtime with dermaplaning so you can continue with your normal activities.
- You can wear make-up immediately afterwards, but we advise to wait until the next day before applying make-up.
- Please wear SPF: a treatment that removes the top layer of dead skin will make your skin more sun sensitive.
- Avoid heat treatments (sauna, steam room etc) for the next 24 hours, your skin may be more prone to irritation directly after dermaplaning than it normally would, so sweating can further increase the irritation.
- You can have a dermaplaning treatment every 4 weeks
- You can start to exfoliate your skin 7 - 10 days post dermaplaning.